



Dr Ahmed Ezzat

Senior Resident Surgeon · Founder, Health Creator Leaders · Imperial College Healthcare NHS Trust

"As a surgeon, I see the consequences of preventable harm every day. **What we are allowing to happen with youth vaping is preventable.** The science is clear, the gaps are obvious, and the fix is within reach. There is no excuse for inaction."



Dr Amalina Bakri

Specialist Registrar · NIHR Academic Clinical Fellow Imperial College London · Imperial College Healthcare NHS Trust

"As a doctor, I understand the health risks associated with vaping. **But as a mum, it feels even more personal.** I want my daughters and all children to grow up in a world where nicotine addiction isn't normalised, and where they have the best chance of living healthy, happy lives."

ANNOUNCING: NEW
CAMPAIGN TO STAMP
OUT YOUTH VAPING

Today, Health Creator Leaders is launching St^mp Out V^pes - a campaign calling on the UK Government to take urgent action on youth vaping. As doctors and parents, we see the consequences every day.



Vaping among young people in the UK has reached crisis levels – it's in our schools, our communities, and our children's daily lives. **One in five young people has already tried vapes.** Too many products are reaching children without proper checks or enforcement from unlicensed shops with no accountability.

So, it's time we act collectively through a cultural shift and stronger regulation and enforcement.

Learn More at StampOutVapes.com

**HEALTH
CREATOR
LEADERS**

June 2026

HEALTH CREATOR LEADERS Newsletter

JOIN US AT OUR LAUNCH EVENT

We are hosting an event in July to officially launch the Stamp Out Vapes campaign.

The Groucho Club, London Saturday 11th July 2026 2:00 - 4:00 pm

Hear from leading NHS clinicians, meet fellow parents and advocates, and be part of the movement demanding better for our young people.

INQUIRE TO ATTEND

Email Info@StampOutVapes.com



SIGN THE PETITION

Our open letter to the UK Government will be submitted with every signatory listed by name. The more of us who sign, the louder this becomes.

Sign the petition at change.org/stampoutvapes

